

## MDCCC MENU

### Week 1

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday  |
|---|--|--|--|---|
| <u>Morning Snack</u>                                  | <u>Morning Snack</u>   | <u>Morning Snack</u>                               | <u>Morning Snack</u>                             | <u>Morning Snack</u>                                      |
| Waffle*<br>Milk                                       | Cereal<br>Milk   | Fresh Fruit<br>Milk                                | Sausage Biscuit<br>Milk                          | Pancake<br>Grape Juice                                    |
| <u>PaLUNCH</u>  | <u>LUNCH</u>   | <u>LUNCH</u>                                       | <u>LUNCH</u>                                     | <u>LUNCH</u>  |
| Chicken<br>Mac/Cheese<br>Green Beans<br>Pears<br>Milk | Ham Steak<br>Mash Potatoes<br>Fruit Cocktail<br>Bread*<br>Milk | Fried Chicken<br>Corn<br>Peaches<br>Bread*<br>Milk | Hamburger/Bun*<br>Peas<br>Fruit Cocktail<br>Milk | Ham<br>Sandwich*<br>Carrots<br>Banana<br>Milk             |
| <u>PM SNACK</u>                                       | <u>PM SNACK</u>  | <u>PM SNACK</u>                                    | <u>PM SNACK</u>                                  | <u>PM SNACK</u>   |
| Popcorn<br>Orange Juice                               | Cheez-Its<br>Milk  | Apple Wedges<br>Wheat Thins*<br>Water              | Chex Mix<br>Veggie Juice                         | Broccoli &<br>Cauliflower w/<br>Ranch<br>Dressing<br>Milk |

“This institution is an equal opportunity provider.”

\*whole grain